



Christian Heritage Academy  
Kiddos Restaurant Menu  
2016-2017

**All of the restaurants that Kiddos partners with make their entrees fresh daily, from scratch using the freshest ingredients.**  
(Gluten Free Offerings may not always include gluten free sides)

All entrees for all restaurants are served as indicated and are not able to be modified.

## NEW Meatheads-Mondays Rotating

All-natural burgers, made to order right in their kitchen from 100% Certified Angus Beef®, without fillers, additives or scraps, topped with only the freshest ingredients and a locally-baked bun. If you're eating Meatheads, your meal has been prepared by a dedicated chef who has given your food the care it deserves. Their passion for great customer service and immaculate cleanliness is nostalgic of a time when gas stations pumped your gas and flight attendants brought you a hot meal with a warm smile. They extend the same care and commitment to you because They're not just satisfied with great food – they want complete satisfaction

Hamburger on bun- single burger grilled

Cheeseburger on bun- single burger with American Cheese grilled

Hot Dog 8-1 All Beef Hot Dog

Hot Dog 8-1 All Beef Hot Dog-NO BUN (gluten free option)

Chicken Tenders-(3 tenders) All white meat chicken

Grilled Cheese Sandwich

Chopped Wedge Salad-Iceberg, bleu cheese, bacon tomato (no onions)-Bleu Cheese vinaigrette on the side

### Sides and Condiments

Carrot Sticks and Homemade Chips

Ketchup and Mustard

## Josh's Hot Dogs-Mondays-Rotating

Josh's Hot Dogs (formerly Wolfy's of Northbrook) is proud to serve the local community. Josh's is always striving to continue its excellence in food quality, store cleanliness, and customer service. All Josh's chicken is from Harrison's poultry and their beef is freshly ground. This is what has made them who they are and keeps their customers coming back. They take a great deal of pride in their community involvement from school lunches to a variety of events.

Hamburger on bun- 4oz burger grilled  
Cheeseburger on bun- 4oz burger with American Cheese grilled  
Hot Dog 8-1 All Beef Hot Dog  
Hot Dog 8-1 All Beef Hot Dog-NO BUN (gluten free option)  
Chicken Tenders  
Grilled Chicken Wrap-Mayo and bbq assortment on side  
Grilled Cheese Sandwich  
Greek Salad-Crisp lettuce leaves, shredded carrots, freshly chopped tomatoes, cucumber, feta cheese, house-made Greek dressing on side

### Sides and Condiments

Rice Crispie Treat and Pretzels  
Ketchup, Mustard, Mayo, BBQ sauce

## Merlo's Pasta-Tuesdays

Experienced restaurateur, John Merlo's signature Italian eatery has been wowing area residents since they opened their restaurant. All of Merlo's pasta sauces are homemade from scratch and many using family recipes. Always using the freshest ingredients, Merlo's will not disappoint when it comes to taste and consistency!

Bow Tie Pasta with Butter  
Bow Tie Pasta Marinara  
Bow Tie Pasta Meat Sauce  
Bow Tie Pasta Mac and Cheese  
Gluten Free buttered pasta with Marinara on the side  
Chicken Tenders  
Cobb Salad with Romaine/Chicken/Mozzarella/cucumber/carrot/tomato-Merlo's dressing on side

### Sides and Condiments

Italian Bread  
Chocolate Chip Cookie  
Ketchup and Parmesan Cheese packet

## Once Upon A Bagel-Wednesdays Rotating

Once Upon A Bagel has been a staple in the community for many years. Bagels, breads and soups are not only delicious but all made from scratch daily. They offer healthy, authentic food that's prepared right before your eyes. Food so delicious, it speaks for itself and makes you want to come back. Whether it be for a bagel and cream cheese, or homemade soups, we know you won't be disappointed.

Chicken Noodle Soup with Mini Bagel-Cream Cheese on side  
Plain Bagel with Cream Cheese  
Whole Wheat Bagel with Cream Cheese  
Pizza Bagel  
French Toast Dippers w/syrup  
Chicken Tenders  
Vienna Hot Dog  
Full Turkey Sandwich with Provolone Cheese on Challah Roll

### Sides and Condiments

Chips and Fresh Seasonal Cut Fruit  
Ketchup/Mayo/Mustard/

## La Casa De Isaac and Moishe-Wednesdays Rotating

La Casa De Isaac and Moishe operate 3 successful restaurants in Highland Park and Highwood. They are known for using only the freshest ingredients and creating menu options that are authentic to their roots. Great care is taken when selecting and cooking meats and chicken and fresh fruit and vegetables. All of La Casa's menu items are made from scratch, nothing canned or frozen ever.

**NEW!** Mexican Tortas-Tortas are a Mexican panini style sandwich prepared on freshly baked torta roll in house.

(2) Beef Taco-Sauteed ground beef in 6" Flour Tortilla with cheese  
(2) Chicken Taco-Sauteed white meat chicken in 6" Flour Tortilla with cheese  
NEW Steak Torta Sandwich-Steak, Avocado, Beans, Cheese  
NEW Ham and Turkey Torta Sandwich-Ham, Turkey, Avocado, Cheese  
NEW Chicken Milanese- Breaded Chicken Torta Sandwich-Chicken Milanese, avocado, beans, cheese  
Cheese Quesadilla  
Chicken Quesadilla with Cheese  
Gluten Free Cheese Quesadilla with Gluten Free Tortilla (Corn Tortilla) (NO CHURRO INCLUDED)  
All Beef Hot Dog  
Crispy Chicken Tenders

### Sides and Condiments

Churros & Fresh Cut Fruit Cup  
Salsa/Ketchup

## Yummy Bowl-Wednesdays Rotating

Yummy bowl offers traditional Chinese cuisine with years of party planning experience and they are a local favorite among families in the north shore. Yummy Bowl uses the freshest ingredients and prepares all of their offerings fresh daily.

Chicken Fried Rice with Pot Stickers  
Chicken and Broccoli with White Rice  
Orange Chicken with White Rice  
Chicken Lo Mein with Chicken Egg Rolls  
Vegetable Lo Mein with Edemame  
Pad Thai Chicken (Gluten Free)

### Side and Condiments

Fortune Cookie and soy sauce

## Piero's Pizza NB-Thursdays

Piero's is a favorite among families and kids! Piero's makes all of their pizzas, sauce and dough from scratch and are one of the most popular pizza restaurants on the north shore of Chicago. Great care is taken every day to roll out the dough for each individual pizza and top it with freshly made sauce and the finest cheese. Piero's makes all of their food fresh daily the way it should be.

8" Individual Cheese Pizza  
8" Individual Pepperoni Pizza  
Gluten Fee Cheese Pizza  
Cheese Calzone  
Chicken Tenders  
Chicken Caesar Salad

### Sides and Condiments

Chocolate Chip Cookie & Sliced Oranges  
Ketchup

# Potbelly-Fridays Rotate

Potbelly's famous toasted sandwiches are a real crowd favorite! Potbelly started in 1977 when a little antique store in Chicago decided to boost business by selling toasted sandwiches right along with their vintage stoves, old books and other knick knacks. Meats and cheeses were sliced in the shop every day and each sandwich was baked individually in an oven. Perfectly toasted on the outside, soft and warm on the inside. Finished with amazing toppings, it was a sandwich like none other.

Thirty-five years later, Potbelly Sandwich Shop is still doing things the exact same way. They never cut corners. And their food wouldn't be irresistible if they did.

Toasted Turkey with Provolone Cheese

Toasted Turkey NO CHEESE

Toasted Ham Sub with Cheddar Cheese

Toasted Ham Sub NO CHEESE

Grilled Cheese Sub

Pizza Sub with sauce and cheese

Tuna with Provolone Cheese

The Wreck- Salami, Turkey, Roast Beef and Ham with Swiss cheese

Cobb Salad-Lettuce, Tomato, Cucumber, Egg, Turkey, Bacon (just a sprinkle) with Ranch Dressing on side

Garden Salad (vegetarian)-Lettuce, Tomato, Cucumber, Egg, Chick peas with Ranch Dressing on side

## Sides and Condiments

Chips and (2) Mini oatmeal chocolate chip cookies

Pickles, Tomato and Lettuce and mayo/ mustard on the side

## Red Rooster-Fridays Rotate

Red Rooster is a local ALL BOARS HEAD deli with a reputation for some of the best sandwiches around! All of their sub bread is baked fresh daily and the delicious Boars Head deli meats are sliced fresh and generously placed on the subs. Boars Head deli meats are hormone and antibiotic free, all natural and nitrate free. Red Rooster is a counter style deli you won't want to miss!

- 6" Boars Head Turkey Sub with American Cheese
- 6" Boars Head Turkey Sub NO CHEESE
- 6" Boars Head Ham Sub with American Cheese
- 6" Boars Head Ham Sub NO CHEESE
- 6" Boars Head Ham/Salami/Pepperoni with American Cheese

Gluten Free Boars Head Turkey Sub with American Cheese on Udi's Bread (gluten free sides)  
Gluten Free Boars Head Ham Sub with American Cheese on Udi's Bread (gluten free sides)

### Sides and Condiments

- Cookie and Chips
- Mayo/Mustard

## Subway-Fridays Rotating

Kids love Subway! Subway has been serving yummy subs to area schools for over 14 years. All of the bread is made from natural ingredients and baked in the store fresh daily. Subway is endorsed by the American Heart Association as providing heart healthy meals.

- 6" Turkey with Provolone Cheese
- 6" Turkey NO Cheese
- 6" Ham with Provolone Cheese
- 6" Ham with Provolone Cheese
- 6" BMT with Provolone Cheese
- 6" Tuna Sub NO Cheese
- 6" Meatball Sub with Provolone Cheese
- 6" Veggie -Lettuce, Cucumber, Green Pepper, Olives with Provolone on White or Wheat

### Sides and Condiments

- Chip and Sugar Cookie
- Lettuce, Tomato, Pickles, Mayo and Mustard on the side

## NEW Suzy's Swirl Treat Day

Suzy's Swirl only serves the freshest and highest quality frozen yogurt. All of Suzy's Swirl frozen yogurt offerings are all natural and non-fat.

Birthday Cake Frozen Yogurt with Carnival Sprinkles

Birthday Cake Frozen Yogurt with Cookie Dough

Birthday Cake Frozen Yogurt with Gummy Bears

Vanilla Frozen Yogurt -Plain (non-fat, gluten free and sugar free )

Orange Italian Ice Sorbetto-Plain (non-fat, gluten free and dairy free)

## Dairy Queen Blizzard Day

Oreo Blizzard

M&M Blizzard

Cookie Dough Blizzard

Strawberry & Banana Blizzard