

# DAILY HEALTH SELF-SCREENING TOOL

FOR FAMILIES

*START HERE: In the morning, take your child's temperature, then answer:*

HOW TO KNOW WHEN YOUR CHILD SHOULD STAY HOME FROM SCHOOL

Does my child have one or more **POTENTIAL COVID-19 symptoms?**

- Fever at or above 100.4° without fever-reducing medicine
- New onset of moderate to severe headache
- Shortness of breath
- New cough
- Congestion or runny nose
- Sore throat
- Vomiting
- Diarrhea
- New loss of taste or smell
- Fatigue from unknown cause
- Muscle or body aches from an unknown cause

YES

NO

Keep your child home!

Is anyone in the home showing COVID-like symptoms OR awaiting the results of a COVID test?

YES

NO

**REPORT** » Before 9 AM, email CHA to report the reason(s) for the absence, copying both:

- [frontdesk@christianheritage.org](mailto:frontdesk@christianheritage.org) and
- [nurse@christianheritage.org](mailto:nurse@christianheritage.org)

**RECEIVE** » Health Services will provide instructions on a Return to School track, what action steps you can take to potentially accelerate it, and what to do in the meantime.

Send your child to school!



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[christianheritage.org/covid-response-plan](https://christianheritage.org/covid-response-plan)